

# St. Teresa of Avila

## Roman Catholic Church

January 31, 2021

Fourth Sunday of  
Ordinary Time

19 Flamingo Dr., Elmira, ON N3B 1V3  
519-669-3387 Fax 519-669-3487  
StTeresaofAvila.Elmira@rogers.com

Website: [www.stteresaelmira.ca](http://www.stteresaelmira.ca)

Established on the Second Sunday of Easter, 1851.

**Pastor:** Rev. Peter Meyer

[frpetermeyer@gmail.com](mailto:frpetermeyer@gmail.com)

**Deacon:** Rev. Mr. Basil Markides

**Office Administration:** Donna Vollmer

**Sacramental Preparation:** Iris Miltenburg

**Office Hours:**

Monday to Thursday 9:00am – 1:00pm



### Mass Times

Saturday 5:00pm  
Sunday 9:30am

### Weekday Masses

see inside

### Reconciliation

Tuesday 6:30pm - 7:00pm,  
or by request.

### Sacrament of Baptism (3rd Sunday of the month outside of Lent)

Parents, please pick up Baptism  
package from the parish office.

### Sacrament of Marriage

Please contact office six months  
prior to desired date.  
Marriage Prep offered.

### Sacrament of the Sick

Please notify the parish office of  
loved ones who are housebound  
or in the hospital so they may  
receive the comfort of the Church's  
sacraments and prayer.

### Outreach Ministry (A Ministry of Visitation)

Please contact the Parish Office if  
you or someone you know would  
like a visit by the Outreach Ministry.

### Parish Contacts

#### Parish Pastoral Council

Annamae Elliott  
Deana Pfanner Groves  
Debbie Yutzi  
Fr. Peter Meyer  
Ken Gallipeau  
Leona Weishar

#### Building & Finance Committee

Fr. Peter Meyer Diane Smith  
Jason Adams Maria Diemert  
Rick Weishar  
Sebastian Siebel-Achenbach

#### Catholic Women's League

Barb Vodicka

#### Knights of Columbus

Adrian Miltenburg

#### Vocations

Contact [www.vocationinfo.ca](http://www.vocationinfo.ca) or  
[www.resurrectionist.net](http://www.resurrectionist.net)

#### New Parishioners

New parishioners, welcome!  
Please register at the office or pick up a  
registration package at the church entrance.

#### Bulletin Deadline

Written submissions by Monday noon.

### St. Teresa of Avila School

75 First St. W., Elmira  
519-669-8843 Fax 519-669-4509

### St. David Catholic Secondary School

4 High Street, Waterloo  
519-885-1340 Website: [stdavid.wcdsb.ca](http://stdavid.wcdsb.ca)

Christ has no body now but yours,  
No hands, no feet on earth,  
but yours.

Yours are the eyes through which  
he moves compassion on  
this world.

Yours are the feet with which  
he walks to do good.

Yours are the hands with which  
he blesses all the world.

Prayer of St. Teresa of Avila



✠ Please remember our benefactors and those who have left bequests in your prayers. ✠

## FOURTH SUNDAY OF ORDINARY TIME

### MASSES FOR WEEK OF FEBRUARY 1<sup>ST</sup>

#### Tuesday, February 2, NO MASS

*If you try to live in the presence of God for one year, you will see yourself at the end of it at the height of perfection, without your even knowing it. – St. Teresa of Avila*

#### Wednesday, February 3, NO MASS

*O my God, let me remember with gratitude, and confess to you your mercies towards me. – St. Augustine*

#### Thursday, February 4, NO MASS

*God is a spring of living water which flows unceasingly into the hearts of those who pray. – St. Louis Grignon de Montfort*

#### Friday, February 5, NO MASS

*My courage and my thought be so firmly founded upon the firm stone of Jesus Christ, that for no pain it may not be changed, your words be but wind, your promises be but rain, and your menaces be as rivers that pass, and how well that all these things hurtle at the fundament of my courage, yet for that it shall not move. – St. Agatha*

#### Saturday, February 6, NO MASS

*Listen and attend with the ear of your heart. – St. Benedict*

#### Sunday, February 7, TELEVISED MASS ON YOUTUBE ON OUR HOME PAGE

**Fifth Sunday in Ordinary Time  
For Your Intentions**

### READINGS FOR February 6/7

First Reading: Jb 7:1-4, 6-7  
Second Reading: 1 Cor 9:16-19, 22-23  
Gospel Reading: Mk 1:29-39

### HAMILTON DIOCESE PRAYER CALENDAR

#### PLEASE PRAY FOR:

Mon., February 1	Very Rev. Msgr. Murray Kroetsch
Tues., February 2	Rev. Francisco Cruz
Wed., February 3	Hospitaller Order of St. John of God, O.H.
Thurs., February 4	Rev. Adam Wroblewicz, C.R.
Fri., February 5	Rev. Melvin Pinto, O.C.D.
Sat., February 6	Rev. Venil D'Souza, O.C.D.

**At this time the chapel, church and office are closed. Please check for updates at [stteresaelmira.ca](http://stteresaelmira.ca) and on the Hamilton Diocesan website.**

**Please note that we are checking messages for emergencies and serious pastoral concerns.**

### LIVING ROSARY INTENTION

#### Intention for evangelization - Human fraternity

May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

### FOODBANK NEEDS

Shampoo, Conditioner and Deodorant

### FROM THE PASTOR'S DESK

Please check out the Wednesday Reflections on our website.

Please make sure to check out the Bishop's Pastoral Letter reflecting on the challenges of the closure of our churches for worship during this second wave of the COVID-19 pandemic titled "For the Common Good". You can find it on our Parish website at [stteresaelmira.ca](http://stteresaelmira.ca) or on the Diocesan website, [www.hamiltondiocese.com](http://www.hamiltondiocese.com).

There will be a survey on the Parish website requesting input on the Masses and Reflections that are posted on YouTube. Your input would be greatly appreciated.

Sunday Masses during the shutdown are taped and uploaded through St. Teresa's YouTube on the website or just google YouTube St. Teresa's, Elmira.

The Parish Office is closed. Donations can be dropped off in the mailbox as the mail is checked each day or send via the post office. Any questions or concerns you have please call the Parish Office. The telephone is checked regularly every day.

Be assured of my continued support and prayer. We ask Jesus, our Lord and God to watch over us in these difficult times.

Blessings,  
Fr. Peter

### WORLD DAY FOR CONSECRATED LIFE –

**February 2** – The purpose of the day is "to help the entire Church to esteem ever more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels" as "to be a suitable occasion for consecrated persons to renew their commitment and rekindle the fervor which should inspire their offering of themselves to the Lord" (Saint John Paul II, 1997).

If you would like to join our **LIVING ROSARY GROUP** please email [bmarkides@rogers.com](mailto:bmarkides@rogers.com) and Deacon Basil will connect with you. He will need your email address so the zoom link can be sent to you. Deacon Basil can help you through the Zoom process.

The Woolwich Counselling Centre, 65 Memorial Avenue, Elmira is offering programs that you can participate in.

- **Protecting the Girl in Me – Ages 10 -12, a Self-Awareness Group for Girls** on February 3, 10 & 17, 2021 from 5:00 – 6:00 p.m.
- **Glad to Be Me – Ages 4-7, a Self-Esteem Program** on February 23, March 31, April 28, and May 26, 2021 from 4 – 5 p.m.
- **CBT for Insomnia** on February 2, 9, 16, 23, March 2 & 9, 2021 from 6:30-7:30 p.m.

Visit [www.woolwichcounselling.org](http://www.woolwichcounselling.org) for more program details. Call 519-669-8651 or email [info@woolwichcounselling.org](mailto:info@woolwichcounselling.org) to register.

**40 DAYS FOR LIFE – SIGN UP TO PRAY!** As the **February 17<sup>th</sup>** start date approaches, you'll be able to sign up to pray with us at the 40 Days for Life vigil in Guelph across the street from the Guelph Community Health Centre on Wyndham Street. It's here that the SHORE Centre (formerly called Planned Parenthood Waterloo) has an abortion pill clinic. You can view the prayer calendar and sign up online by visiting [www.40daysforlife.com/guelph](http://www.40daysforlife.com/guelph). You can also sign up by calling our office at 519-836-6311. If it's your first time participating, we'll make sure you are partnered with an experienced prayer volunteer who can answer all of your questions. The 40 Days for Life is from February 17<sup>th</sup> to March 28<sup>th</sup>, 2021. We are asking people to commit to a specific hour or hours each week to join us at the vigil. We always plan to have at least two people present at the prayer vigil at all times, with prayer happening every day from 7 a.m. to 7 p.m. We will be keeping aware of guidelines around public gatherings, but our hope is that we will be able to safely pray at the abortion pill clinic for the entire 40 days! We hope God will use our witness to reach the women who are considering abortion, and fill them with hope and courage.

The **COLDEST NIGHT OF THE YEAR** is a fantastically fun, family friendly walk-a-thon that raises money for people experiencing homelessness, hurt, and hunger. This year, Woolwich Community Services is hosting a Covid-safe in-person event with virtual options, with fantastic sponsorship opportunities on **Saturday, February 20<sup>th</sup>**. This year it is being offered in a virtual only format. This means we won't be able to gather in person but you can walk anytime in February. There are several maps on the CNOY Elmira page that can give ideas of where to walk! You can register a team of 8-10 people to walk and raise money for Woolwich Community Services. You

can register your church or individuals/families can also register their own teams. Each walk is encouraged to raise a minimum of \$150 per adult and \$75 per youth. There is no registration fee for walkers this year. Every walker who raises either \$75 (youth 17 and under) or \$150 (for adults) gets our famous Coldest Night toque. Our goal in the Walk is to raise \$50,000 with the support of 20+ teams and 105+ walkers. If you have questions contact Leigh-Anne Quinn at 519-669-5139 or email [leighanne\\_wcs@yahoo.ca](mailto:leighanne_wcs@yahoo.ca).

**VOCATION SEEDS** – Pray to know how God wants to use your talents and abilities. Could it be He is calling you to consider priesthood, religious life or deaconate? If God is calling you to be a priest, religious, or permanent deacon, call Fr. Michael King, Director of Vocations, Diocese of Hamilton at 905-528-7988 or email [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

**ANNIVERSARY MASS 2021** - The Anniversary Mass scheduled for June of 2021 has been cancelled due to restrictions and concerns around COVID-19. We invite you to register your 25, 40, 50, 60 and 60 plus years Anniversary on the Diocesan website at [hamiltondiocese.com](http://hamiltondiocese.com). We will send you the certificate you would have received from Bishop Crosby at the Mass.

**RE: START – STARTING OVER AFTER SEPARATION OR DIVORCE WITH SUPPORT, CARE AND TOOLS FOR THE JOURNEY** – We invite you to visit the Family Ministry Office on the Diocesan website <https://hamiltondiocese.com/> to see the programs offered and to register. If you have questions, call the Family Ministry Office at 905-528-7988 ext. 2249.

**MARRIAGE SUPPORT** - Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected? **The solution is Retrouvaille**, a program for married couples facing challenges in their relationship. Its purpose is to help couples restore their marriage and rebuild a loving relationship. It is a practical program where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works for couples who may be considering separation or divorce. The next weekend begins March 12, 2021. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com).

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